

Clinzadin A Cream

Information for the Use

Clindamycin Phosphate I.P. 1% w/w +
Adapalene I.P. 0.1% w/w Cream

Composition:

Each gram of cream contains:

- Clindamycin Phosphate I.P. equivalent to Clindamycin: 1% w/w
 - Adapalene I.P.: 0.1% w/w
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Description:

This combination cream combines Clindamycin, a topical antibiotic, and Adapalene, a retinoid. The formulation is specifically designed to treat acne vulgaris.

- **Clindamycin:** Inhibits bacterial protein synthesis, effectively targeting acne-causing bacteria (*Propionibacterium acnes*) and reducing inflammation.
 - **Adapalene:** A retinoid that normalizes keratinization, prevents clogged pores, and promotes cell turnover, reducing the formation of new acne lesions.
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Indications:

- Treatment of acne vulgaris, including inflammatory lesions (papules, pustules) and non-inflammatory lesions (blackheads, whiteheads).

- Reduces redness, swelling, and the number of pimples, promoting clearer skin.
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Dosage and Administration:

- **Adults and Adolescents Above 12 Years:**
 - Apply a thin layer of cream to the affected areas once daily, preferably in the evening or as directed by a healthcare professional.
 - **Method of Use:**
 - Wash the face with a mild cleanser and pat dry before application.
 - Use clean hands to apply a small amount to the entire affected area, avoiding the eyes, lips, and mucous membranes.
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Contraindications:

- Hypersensitivity to Clindamycin, Adapalene, or any excipients in the formulation.
 - History of antibiotic-associated colitis or severe gastrointestinal disorders.
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Precautions:

- **Avoid Sun Exposure:** Adapalene may increase skin sensitivity to

sunlight. Use sunscreen and protective clothing.

- **Initial Irritation:** Mild redness, peeling, or dryness may occur during the initial weeks of treatment.
- **Pregnancy and Lactation:**
 - **Pregnancy:** Not recommended unless prescribed by a healthcare professional.
 - **Lactation:** Avoid application on the chest area to prevent ingestion by infants.
- **Contact with Eyes, Lips, and Mucous Membranes:** Avoid contact; rinse thoroughly with water if accidental exposure occurs.

Possible Side Effects:

Common side effects:

- Skin dryness, redness, or peeling
- Mild burning or stinging sensation
- Temporary skin irritation

Rare but serious side effects:

- Severe skin reactions or allergic responses
- Diarrhea or colitis caused by *Clostridium difficile* (though rare with topical use)

Drug Interactions:

- **Other Topical Acne Treatments:** Concurrent use with benzoyl peroxide, salicylic acid, or other retinoids may increase skin irritation.
- **Neuromuscular Blocking Agents:** Clindamycin may enhance their effects; use with caution.

Storage:

- Store below 30°C (86°F).
- Protect from direct sunlight and moisture.
- Keep out of reach of children.

Special Instructions:

- Use the cream exactly as prescribed by your doctor.
- Do not apply more frequently than recommended; excessive use may increase irritation without improving results.
- Acne improvement may take 4–8 weeks; continue treatment as advised.

Note: This cream is for external use only. Consult a healthcare professional if symptoms persist or worsen after regular use. Always read the package insert for detailed information.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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